



Shape
YOUR WORLD

Total Makeover
challenge
GROW.EVOLVE.EMPOWER

SHAPING YOUR WORLD...

15th Edition—April 28th, 2017

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"And one day she remembered that the only person who could make her happy was herself....
So she took back her Power, reclaimed her place in the world and shined like never before."

Life's Ink™

Great Art by the Top 12 Challengers at Zealous Art in Langley



200st
LANGLEY
DENTIST

Thank you to our Diamond Sponsors for making the Total Makeover Challenge 2017 possible!



Frock-acious! A Big thank you To Jo Dibblee and her team for an amazing weekend!



Words of wisdom for Earth Day from 200st Langlely Dentist!

Digital X-rays

Probably the most important reason to look for Digital X-ray in your dental office is that as a patient you will experience 70% less radiation than conventional film X-rays. If that's not reason enough, they are also immediately processed and your dentist can diagnose you faster. The archiving of your X-rays and sharing those images with specialists are also much easier and faster in digital form and less paper storage.

Amalgam Separator

Sounds like something from a science fiction story, but the Amalgam Separator is the most important earth friendly device a dental office can employ. When old mercury fillings (AKA silver fillings) are taken out of the patients mouth, the bits of heavy metals like mercury and silver will go straight into our water system if an Amalgam Separator is not employed. The Amalgam Separator pulls all heavy metals from the water and allows only clean water to go into our water system. The heavy metals are then collected and disposed of meticulously using a special service.

Recycle Paper/plastics

This one is obvious. All offices should have a recycle system in place. Most of us do in our homes. Less paper in our landfills means less in our landfills.

Digital Files

The old look of paper files lining the walls is pretty out of date. Your dentist should keep everything in a safe digital file where they can send that info easily to a specialist if need be and save trees.

Filtered Water

Your dentist should be using filtered water both when cleaning their utensils and spraying in your mouth. Your mouth often has open sores while your dentist is working, you deserve the cleanest of water to cleanse your mouth. Do not settle for less. Ask your dentist where they get their purified water from? Is it cleaned in house? What system do they use?

Special Recycle of All Sharp Objects

Sharp objects like needles need to be recycled properly. Besides the fact they are medical waste and could be disposed of that way, it's better if your dentist is protecting the environment by recycling sharp objects like needles by a special service.



UPCOMING EVENTS

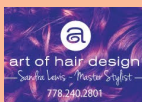
Shape Your Vogue Event—May 16, 2017 at the Phoenix Lounge in Abbotsford. Ctrl Click on photo for link.



Dress for Your Shape - Thank you to Cleo's in Abbotsford for allowing the challengers to test drive clothes that work for their shape! (Press Ctrl and click on the image for link)



If you would like to volunteer, become a sponsor, or donate to Shape Your World Society, please see our website www.totalmakeoverchallenge.com or send an email to info@shapeyourworldsociety.com.



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