



Shape
YOUR WORLD

Total Makeover
challenge
GROW.EVOLVE.EMPOWER

SHAPING YOUR WORLD...

1st Edition - Dec 1, 2016

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Congratulations to Karen Cantley and Niki Cross — winners of the 2016 Total Makeover Challenge!

the 2016 Total Makeover Challenge



The two winning 2016 challengers Niki Cross (Abbotsford left) and Karen Cantley (Langley right) caught dancing together during dance lessons at Dancing for Dessert 2 weeks before the final announcing!

QUOTE OF THE WEEK

“The secret of getting ahead is getting started.”

-Mark Twain



While enjoying a well deserved break in Kelowna, the board members of SYWS have been busy planning and getting ready for the 2017 Total Makeover Challenge Season.



HOW TO WEAR FALL'S TOP BEAUTY TRENDS AT ANY AGE

By now, you've probably noticed that fall's **biggest beauty trends** have a flair for the dramatic (hello, dark lips), and you might be worried that they won't work for you. Well, guess again! Whether you're 25 or 65, there's definitely a way to pull off the season's hottest beauty trends—and look gorgeous doing it! Here are some tips and tricks for pulling off graphic liner, at any age.

Graphic Liner

20s: Now is the time to experiment with beauty, so don't be afraid to embrace this trend in a bold way. Your liner doesn't have to be restricted to your lash line—draw a line on your lid that hugs your brow bone for an edgy look.

30s: Instead of the traditional single flick of eyeliner at the corner of your eye, add two wings per eye for a dramatic twist. Take the look to the next level by combining black liner with white liner or even a bright colour like purple or yellow.

40s: Applying black eyeliner on your waterline can make eyes appear smaller, which is probably not the look you're going for, so limit the liner to your top lids to ensure they pop. White or nude eyeliner applied to the inner corners of your eyes will make them look even brighter!

50s+: Creamy eyeliners run the risk of sliding as the day goes on and creeping into the fine lines around your eyes. Instead, choose a water-proof liquid formula to create an exaggerated cat eye that won't budge.

<http://www1.shoppersdrugmart.ca/en/home>

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We are proud of our heritage in this community and our many accomplishments in Abbotsford and the rest of the Fraser Valley over the last six plus decades.

<http://www.msaford.com/dealer-info/dealership-information.html>

UPCOMING EVENTS

Registration opens December 1st, 2016 Go to:
www.totalmakeoverchallenge.com

Meet and Greet at the Phoenix Lounge - January 18,
2017

<https://www.youtube.com/watch?v=DaDabrRa5rQ> (Press Ctrl and click for link)



If you would like to volunteer, become a sponsor, or donate to Shape Your World Society, please see our website www.totalmakeoverchallenge.com or send an email to jenny@shapeyourworldsociety.com.

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